



# Spring Summer 2021 Menu

## WeekOne

Primary Menu Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Meal</b> (medical diet based on this option)	Beef & Tomato Meatballs with Pasta & Arrabiata Sauce/Halal Chicken Meatballs	Fresh Cheesy Topped Chicken Fillet	Roast Chicken with Yorkshire Pudding, Roast Potatoes & Gravy	Homemade Hunters Chicken Flatbread	Baked Fish Fingers & Chips with Tomato Sauce
<b>Vegetarian Main Meal</b> (medical diet based on this option)	Mexican Quorn Fajitas Served & Potato Wedges	Vegetable Curry & Wholegrain Rice	Quorn Roast with Yorkshire Pudding, Roast Potatoes & Gravy	Wholemeal Cheese & Tomato Pizza with ½ Jacket Potato	Mediterranean Vegetable Lasagne
<b>Vegetable Selection</b>	Garden Peas Carrots Potato Wedges Chopped Salad	Sweetcorn Broccoli New Potatoes Chopped Salad	Cauliflower Savoy Cabbage Roast Potatoes Chopped Salad	Carrots Roasted Vegetables ½ Jacket Potatoes Chopped Salad	Baked Beans Garden Peas Chipped Potatoes Chopped Salad
<b>Jacket Potato Option</b>	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese, Baked Beans				
<b>Dessert</b>	Lemon Drizzle Cake	Chocolate Crispy Cake	Toffee Ice & Banana Slices	Fruit Sponge & Custard	Sultana & Cherry Flapjack

**Available Daily: - Fresh Bread, Fresh Fruit & Yoghurts**





# Spring Summer 2021 Week Two

Primary Menu Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Meal</b> (medical diet based on this option)	Toad in the Hole or Halal Chicken Toad in the Hole with Gravy	Chinese Style Chicken Chow Mein Noodles	Roast Chicken with Stuffing & Gravy	Sticky Barbecue Chicken with Wholegrain Rice	Baked Fish Fingers & Chips with Tartare Sauce
<b>Vegetarian Main Meal</b> (medical diet based on this option)	Macaroni Cheese Topped with Crispy Croutons	Wholemeal Cheese & Tomato Pizza with ½ Jacket Potato	Veggie Sausages served with Gravy	Tomato & Basil Pasta with Garlic Bread	Quorn & Vegetable Taco with Lettuce & Salsa
<b>Vegetable Selection</b>	Green Beans Carrots Mashed Potatoes Chopped Salad	Sweetcorn Roasted Vegetables ½ Jacket Potato Chopped Salad	Garden Peas Sliced Carrots Roast Potatoes Chopped Salad	Spring Cabbage Cauliflower Chopped Salad	Mushy Peas Baked Beans Chipped Potatoes Chopped Salad
<b>Jacket Potato Option</b>	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise Grated Cheese, Baked Beans				
<b>Dessert</b>	Frozen Strawberry Ice & Apple Slices	Banana Traybake & Custard	Fruit & Jelly	Ginger Biscuit & Orange Wedges	Chocolate Cookie

**Available Daily:** - Fresh Bread, Fresh Fruit & Yoghurts





# Spring Summer 2021 Menu

## Week Three

Primary Menu Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Meal</b> (medical diet based on this option)	Beef Burger in a Bun & Baked New Potatoes	Classic Chicken Curry & Wholegrain Rice	Roast Chicken with Yorkshire Pudding, Roast Potatoes & Gravy	Smoky Pulled Chicken Wrap & Potato Wedges	Baked Fish Fingers & Chips with Tomato Sauce
<b>Vegetarian Main Meal</b> (medical diet based on this option)	Veggie Burrito & Baked New Potatoes	Wholemeal Cheese & Tomato Pizza & Jacket Wedges	Quorn Roast with Yorkshire Pudding, Roast Potatoes & Gravy	Vegetarian Pasta Carbonara & Garlic Bread	Veggie Sausage Hotdog, Chips & Tomato Sauce
<b>Vegetable Selection</b>	Sweetcorn Steamed Carrots New Potatoes Chopped Salad	Green Beans Broccoli Jacket Wedges Chopped Salad	Savoy Cabbage Cauliflower Roast Potatoes Chopped Salad	Roasted Carrots Sweetcorn Potato Wedges Chopped Salad	Baked Beans Garden Peas Chipped Potatoes Chopped Salad
<b>Jacket Potato Option</b>	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese, Baked Beans				
<b>Dessert</b>	Apple Sponge & Custard	Chocolate Brownie	Jelly & Ice cream	Iced Carrot Cake	Toffee Cream Tart

**Available Daily:** Fresh Bread, Fresh Fruit & Yoghurts

